

# Super Detox<sup>®</sup>

## Powerful Liver Detoxification

Your liver is one of the largest and most important organs in your body. It detoxifies the blood and performs numerous vital functions, including: the production of clotting factors, blood, proteins, bile and more than a thousand different enzymes; the metabolism of cholesterol; the storage of energy to fuel muscles; maintenance of normal blood sugar concentration, the regulation of several hormones and the detoxification of drugs and poisons.

Even simple, everyday occurrences such as fertilizing your lawn, cleaning your bathroom, eating fatty foods or taking prescribed or over-the-counter drugs can all contribute to an overworked liver and expose your body to a variety of dangerous toxins. Excessive exposure to certain toxins or poisons, including alcohol, can lead to liver damage.

To help strengthen the liver and promote the detoxification process, 4Life is proud to introduce Super Detox. This newly improved formula combines highly effective nutrients that have been proven to support healthy liver function and promote optimal health.

## Key Points

- **Strengthens and Regenerates:** Milk thistle nutritionally supports healthy liver function and has been proven to help protect the liver from the detrimental effects of alcohol, drugs and environmental toxins. It works by inhibiting the factors responsible for liver damage and stimulating production of new liver cells. The active chemical component in the herb is silybin, which functions as an antioxidant and is one of the most potent protective liver agents known.

Red clover is thought to help purify the blood by promoting urine and mucous production, improving circulation and stimulating the secretion of bile. Ongoing research indicates that artichoke is another classic bitter herb having a beneficial effect on the liver. In addition to its centuries-old reputation as a diuretic, artichoke has been shown to protect the liver against toxins and infections, regenerate liver cells and strengthen the liver by increasing bile production.

- **Detoxifies and Protects:** Calcium D-glucarate is a natural substance found in both fruits and vegetables that promotes glucuronidation, a process by which the body eliminates toxins and other adverse substances, and inhibits the detoxification-reversing enzyme B-glucuronidase. Research indicates that increased levels of Calcium D-glucarate are effective in assisting the body in detoxification.

N-acetyl cysteine (NAC) has been shown to stimulate the immune system and help provide protection against many different types of free radicals as well as a broad range of toxic and carcinogenic agents found in cigarette smoke, automobile exhaust, toxic pesticides and herbicides, and charcoaled or smoked meats.

Sulforaphane is a phytochemical found in broccoli that has demonstrated large and long-lasting protective qualities against various types of oxidative stress. It has been shown to be especially effective at protecting and "switching on" enzymes known to detoxify free radicals and toxic chemicals, allowing them to be excreted before they can cause damage to the body.



Super Detox

**DIRECTIONS:** Take two (2) capsules daily with 8 oz of fluid.


## Supplement Facts

**Serving Size:** Two (2) capsules  
**Servings Per Container:** 30

Amount Per Serving	%DV*
<b>Detox Proprietary Blend</b>	<b>1080 mg</b> †
Red Clover ( <i>Trifolium pratense</i> ) flower tops	
Milk Thistle ( <i>Silybum marianum</i> ) fruit extract	
Calcium d-Glucarate	
Broccoli ( <i>Brassica oleracea</i> ) stalks/florets extract (Indoles)	
Bupleurum ( <i>Bupleurum chinense</i> ) root	
N-Acetyl L-Cysteine	
Artichoke ( <i>Cynara cardunculus</i> ) leaf	

\* Daily Value

† Daily Value not established

**Other Ingredients:** Gelatin capsule, vegetable oil. 

## Technical Points

- Super Detox is most beneficial when taken once every three months for an entire month. Then rely on 4Life's RiteStart<sup>®</sup> for daily support of the liver and overall body function.

### Ordering Information

Bottle  
Item # 23015 - 60 ct/bottle  
Item # 23016 - 12 for the price of 11