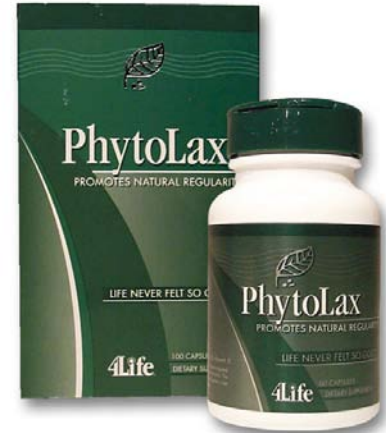


Colon Cleanse Combination



Fibre System Plus™

Fibre System Plus™ is a natural digestive support formula that gently combines both bulking fiber and cleansing herbs with [digestion enzymes](#) derived from fruits to maximize digestive bowel transit time.

Digestive enzymes also minimize the production of free radicals in the gastrointestinal tract and promote optimal water balance to help ensure proper elimination of digestive waste.*

Fibre System Plus™ is a fast-acting nutrient complex and it is valuable for rapidly cleansing the entire body of toxins, not just the intestines.

Fibre System Plus™ combines 27 different herbal extracts in a 6-capsule daily pack to give a thorough but comfortable purification.*

Tea4Life™

Tea4Life is an exciting and distinct herbal tea designed to aid in maintaining internal health and balance. The soothing blend of senna leaf, buckthorn, and ginger provide a natural and gentle cleansing affect that has proven to be an outstanding cleansing maintenance product following use of the Fibre System Plus™. Tea4Life™ is further enhanced with the addition of echinacea, astragalus root, and green tea-known for their [immune system support](#) and [antioxidant](#) properties. Enjoy this remarkable product, formulated to provide a soothing and pleasant way to enhance overall health and well-being.

PhytoLax™

A gastrointestinal cleansing formula that supports the Digestive System with natural laxative properties. Phytolax™ can assist with the establishment of regularity, which can be maintained by proper nutrition and exercise. Many states of lowered vitality are directly attributed to “stagnancy” of the colon. Using Phytolax™ is an effective, gentle and healthy option.

Herbal extracts reactivate under-used [muscles](#) of the colon to promote daily elimination, which with regular exercise and attention to dietary fiber, should become a natural event.

Regularity can improve general health and well-being and is an important step in any program of self-improvement.

* Please contact Product Support with additional questions at Productsupport@4life.com

* The Food & Drug Administration has not evaluated these statements. These products are not intended to diagnose, treat, cure or prevent any disease.

6-Day CLEANSING PROGRAM

This program is designed to cleanse your digestive system. It will help rid your body of intestinal parasites, clean out excess waste in your colon, reduce your waistline, increase your energy levels and help to clear your complexion! **Directions: Every Evening:** Take one capsule of PhytoLax and drink one cup of Tea4Life.

Before Breakfast: Take the entire package of Fibre System Plus (all 6 capsules). During the day, drink a minimum of 1oz. of water per 1 lb. of body weight (ex.: 120 lbs. = 120 ozs.). The more water you drink, the more effective the 6-Day Cleanse. Continue on the regime every day for six days. To keep your system clean and regular, the 6-Day Cleansing should be done every three to six months. **For Maintenance:** One package of Fibre System Plus can be taken daily or at least three times per week for maintenance of a healthy colon. Drink Tea4Life as needed. **To order, go to <http://www.cher4life.com/Doctorsuggested.html>**

send questions to customerservice@cher4life.com

Fibre System Plus

Fibre System Plus is a natural digestive support formula that gently combines both bulking fiber and herbs with digestive enzymes, which are derived from fruits to maximize digestion and minimize bowel transit time. Digestive enzymes also minimize the production of free radicals in the gastrointestinal tract and promote optimal water balance, helping to ensure proper elimination of digestive waste.

- Psyllium plus fibers of cranberry and apple provide a building effect and also absorb and eliminate residues.
- Cascara, frangula, and prune assist intestinal motility.
- Mucilages from Irish moss, marshmallow, slippery elm, locust ban, and xanthan support the entire digestive tract.
- Ginger and sage act against griping. Pineapple, papain, and bromelian provide enzyme support to digestion.
- Golden seal, gentian and licorice tonify the mucus membranes of the stomach.
- Chamomile and hops support the nervous tissues of the stomach and intestines.
- Parsley assists normal kidney and bladder function.
- Spirulins and bee pollen balance the entire formulation with a wide spectrum of easily absorbed micro nutrients.

For more products www.cher4life.com.

Tea4Life

4Life™ has created a distinct and delicious herbal tea specifically formulated to ensure internal health and balance. Cleansing the gastrointestinal tract is very important. This cleansing process helps our bodies break down and utilize our foods more efficiently, helps improve nutrient absorption and helps bring our bodies into balance.

Tea4Life is a refreshing, caffeine-free cleansing tea specially formulated to provide internal health and wellness. This delicious apple-cinnamon tea contains a synergistic blend of energizing herbs that rejuvenates and keeps you sharp. Tea4Life features a special blend of revitalizing herbs to bring your body back to its natural state of good health and balance.

PhytoLax

PhytoLax® can assist with the establishment of regularity which can be maintained by proper nutrition and exercise. Many states of lowered vitality are directly related to "stagnancy" of the colon. PhytoLax® is an effective and gentle option.

Herbal extracts reactivate under-used muscles of the colon to promote daily elimination. Combined with regular exercise and attention to dietary fiber, you will be able to maintain balance. Regularity can improve general health and well-being and is an important step in any program of self-improvement.*

***Tips while cleansing**

- **You must drink plenty of water, a minimum of 1 oz. per 1 lb. of your body weight daily.**
- **Eat plenty of raw green vegetables and salad.**
- **Eat lots of fresh fruit.**
- **Avoid Deep-Fried foods.**
- **Avoid Red Meats, no more than one serving during the 6-Day Cleanse.**
- **Avoid all dairy products.**
- **Avoid caffeine, drink our "[Energy](#)" drink instead.**
- **Follow-up for this Cleanse with a maintenance program of Fibre System Plus, 3-5 times per week, and Tea4Life as needed.**